



Drug Trends in Iowa

Progress, Peril & Power

Dale Woolery, Interim Director
Governor's Office of Drug Control Policy (ODCP)
"Keeping it Real," May 4, 2012

Drugs in Iowa: At a Glance

- Lowest rate of illicit drug use in the nation. (NSDUH, 2008-2009)
- Youth substance abuse steadily declined over last decade. (IYS, 2010)
- Underage and binge drinking rates above national average. (NSDUH, 2008-2009)
- Meth treatment rate is 11th highest in nation. (TEDS, 2009)
- Increased heroin use and overdose deaths in areas. (ODCP, 2012)
- Prescription drug abuse may be fastest growing form of substance abuse. (ODCP, 2012)
- Synthetic drugs pose new, and rapidly changing, threat. (ISPCC)

Iowa Adult Drugs of Choice

- Alcohol
- Marijuana
- Methamphetamine
- Other (Rx drugs used for nonmedical purposes, synthetics, etc.)
- Cocaine
- Heroin

Iowa Youth Drugs of Choice

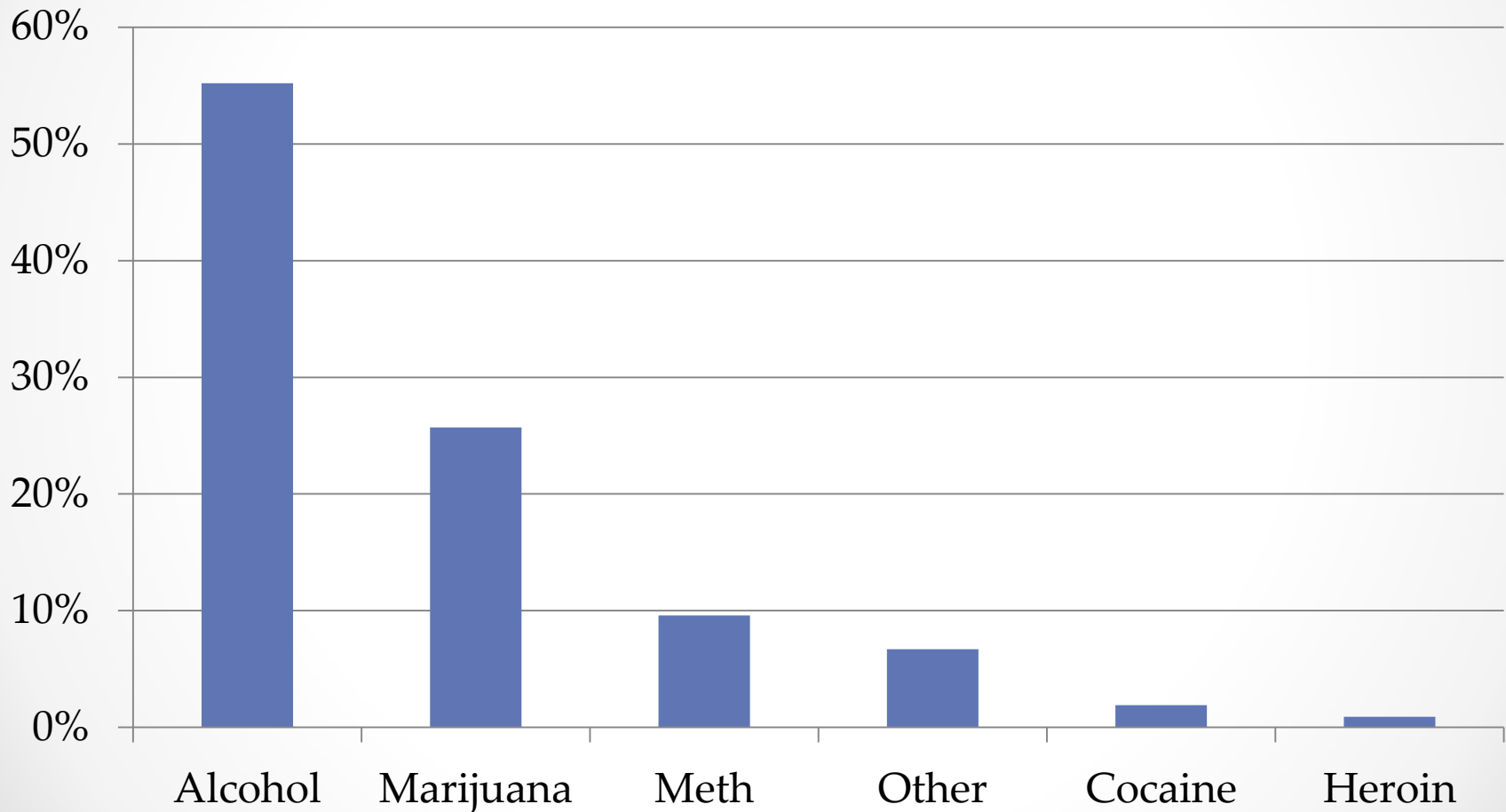
- Alcohol
- Marijuana
- Prescription and Over-The-Counter Drugs (used for nonmedical purposes)
- Inhalants
- (*Synthetic drugs...rising/replacing, but too new to measure?)

Trends



Iowa Drugs of Choice

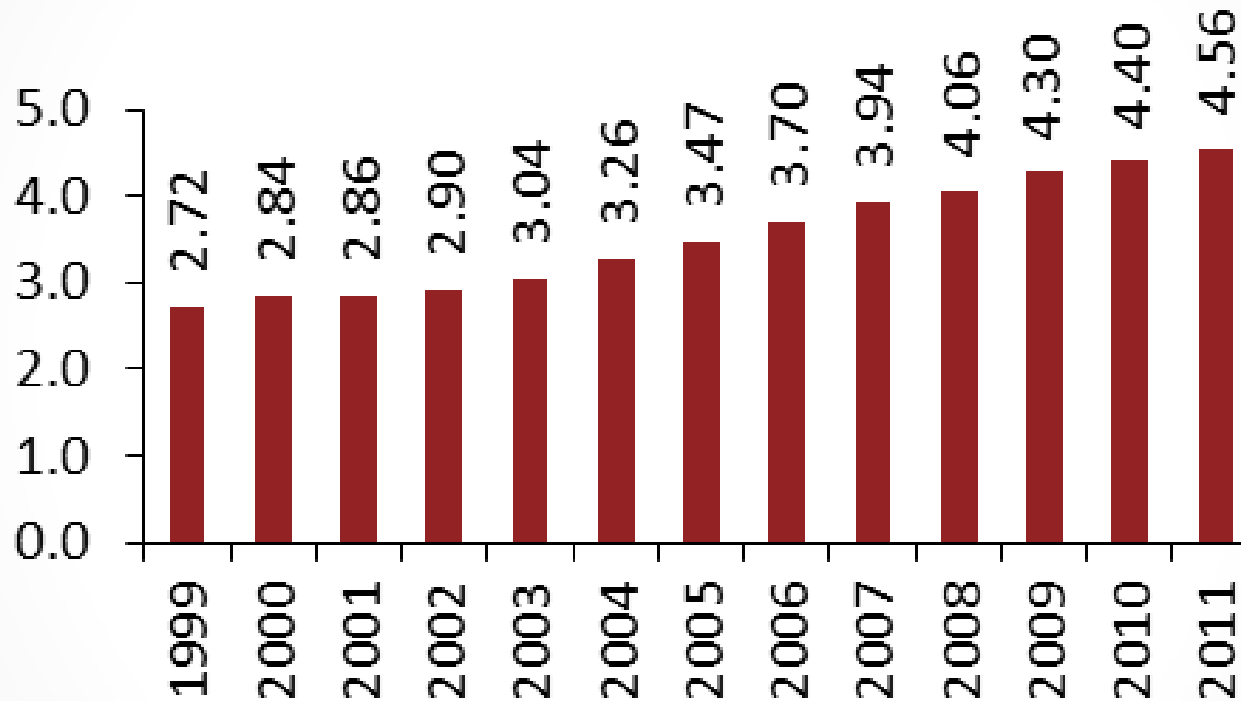
Primary Substance by All Clients Entering Treatment



IDPH Treatment Admissions, 2011

Iowa Absolute Alcohol Sales

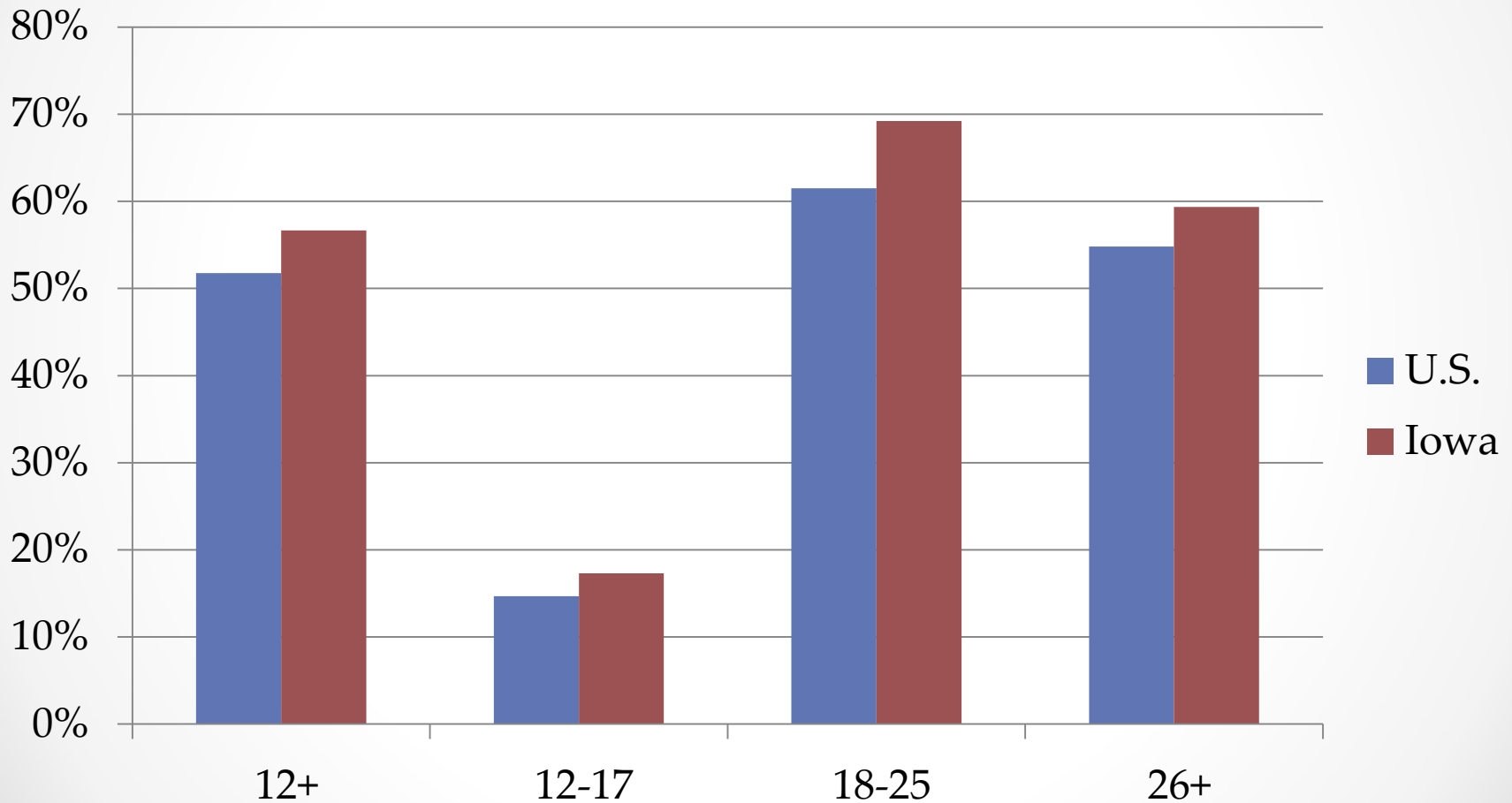
Gallons Per Capita



In SFY 2010, average adult Iowan consumed 2.14 gallons of distilled spirits, 1.86 gallons of wine and 37.2 gallons of beer.

Current Alcohol Use

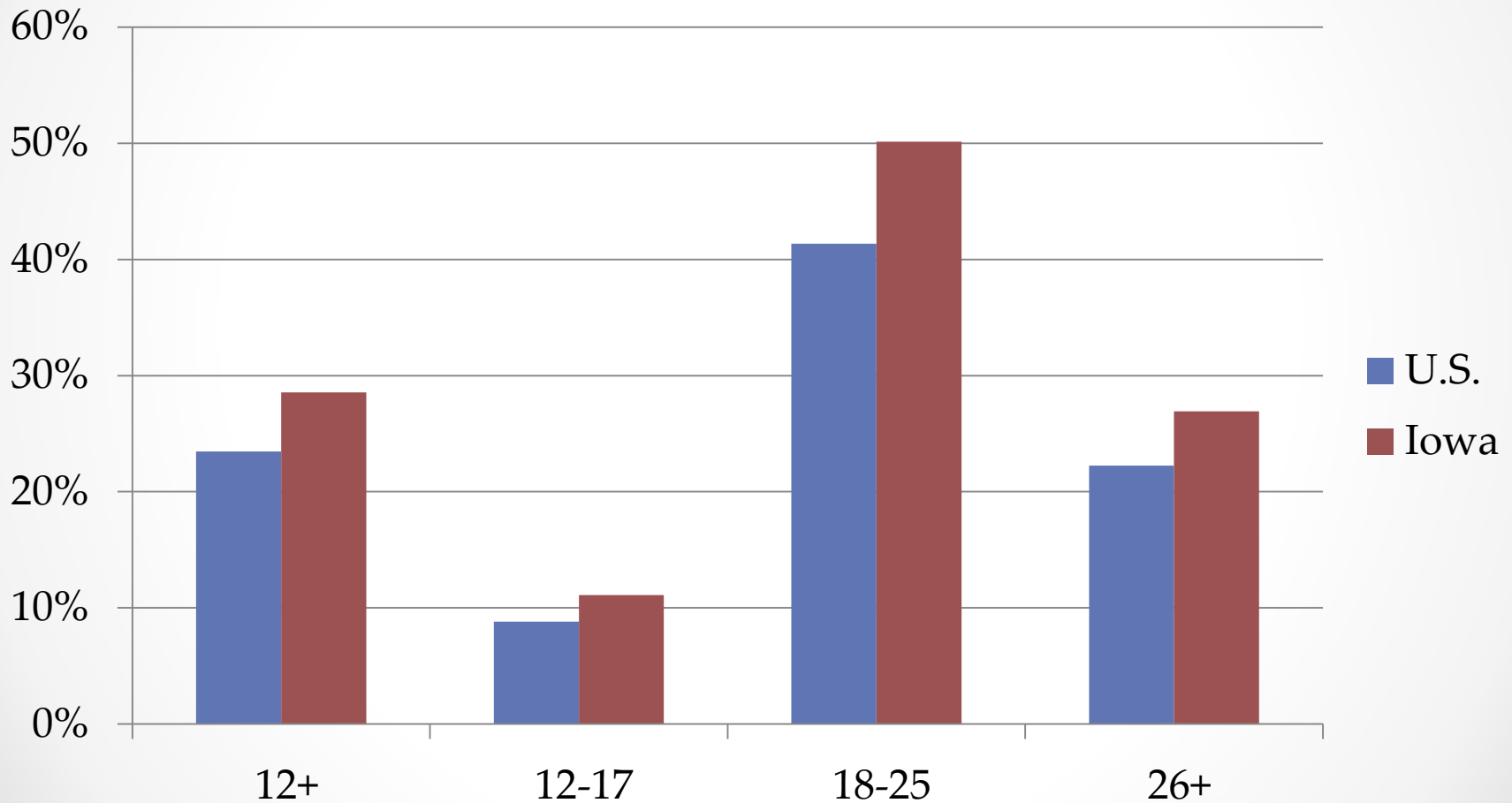
Last 30-Days



NSDUH, 2008/2009

Current Binge Drinking

Last 30-Days

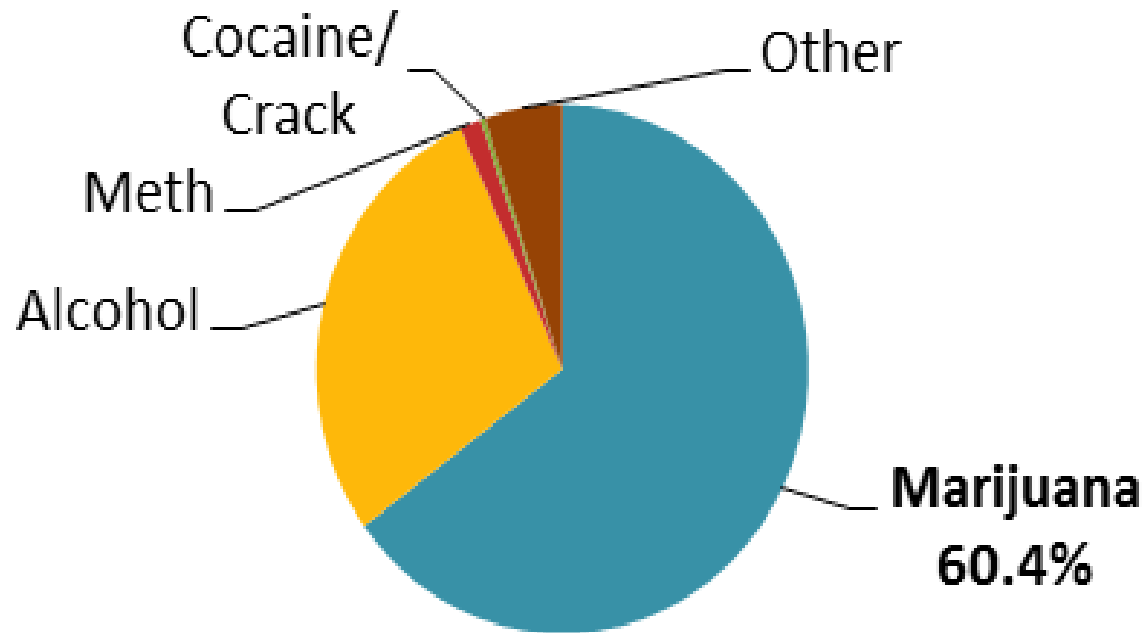


NSDUH, 2008/2009



Iowa Youth Drugs of Choice

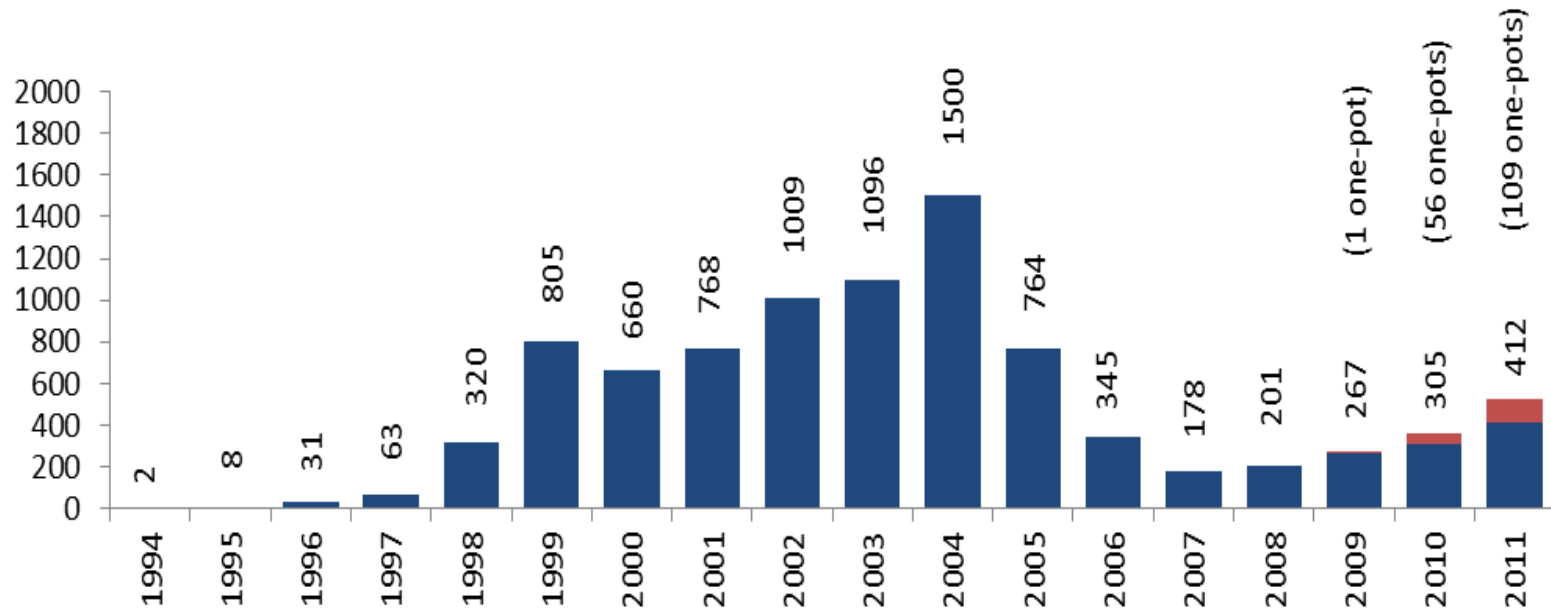
Primary Substance by Juvenile Clients Entering Treatment



IDPH Treatment Admissions, 2011

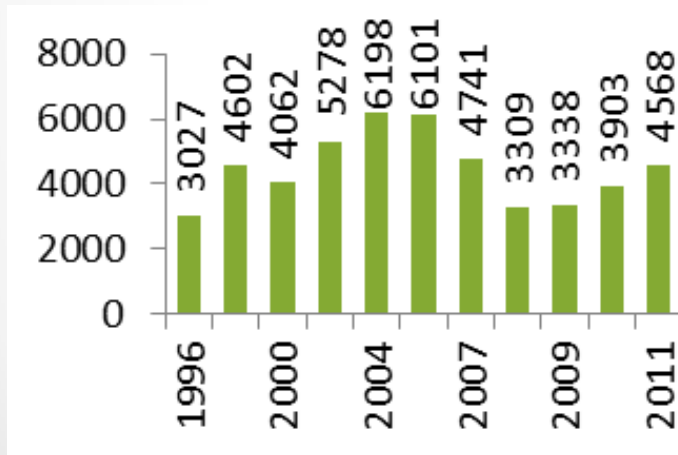
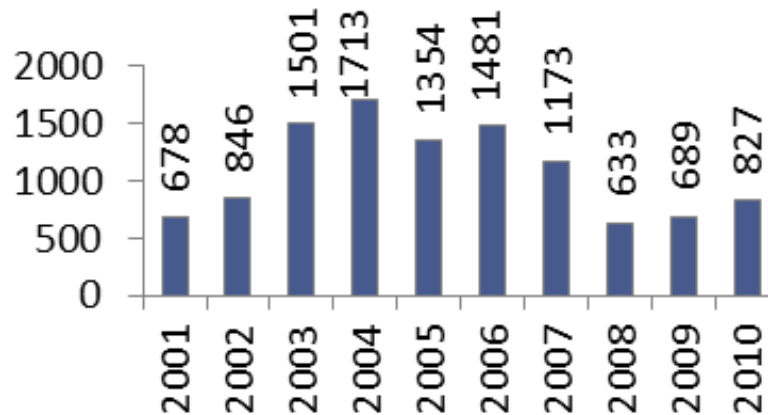


Iowa Meth Labs

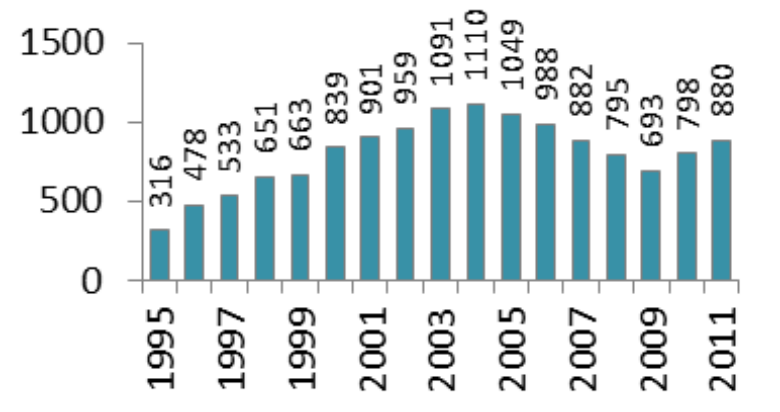


Iowa Meth-Related Indicators

Drugs in a Child's Body, IDHS



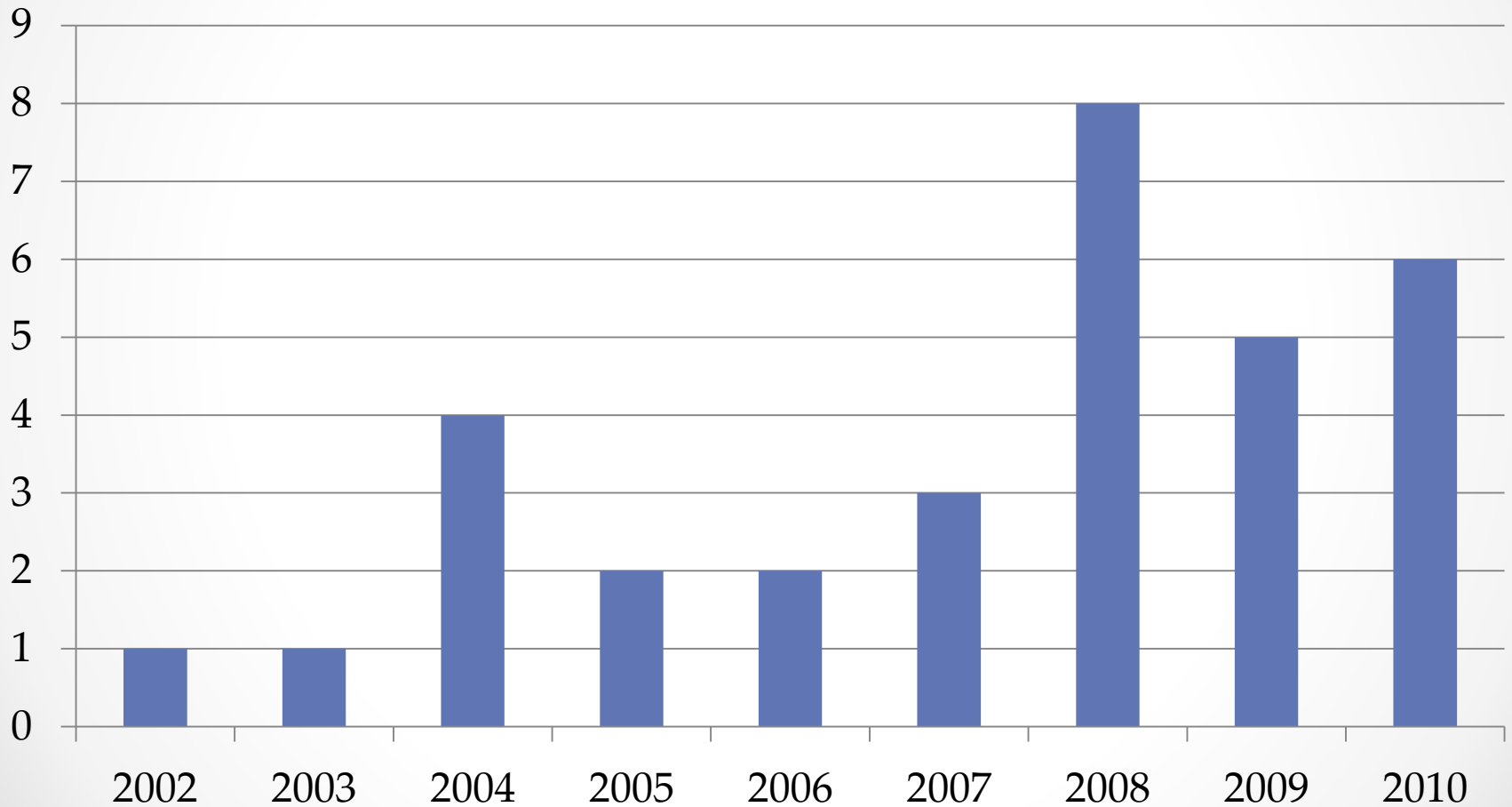
Meth Treatment Admissions, IDPH



Drug-Related Prison Admissions, IDHR



Iowa Heroin OD Deaths



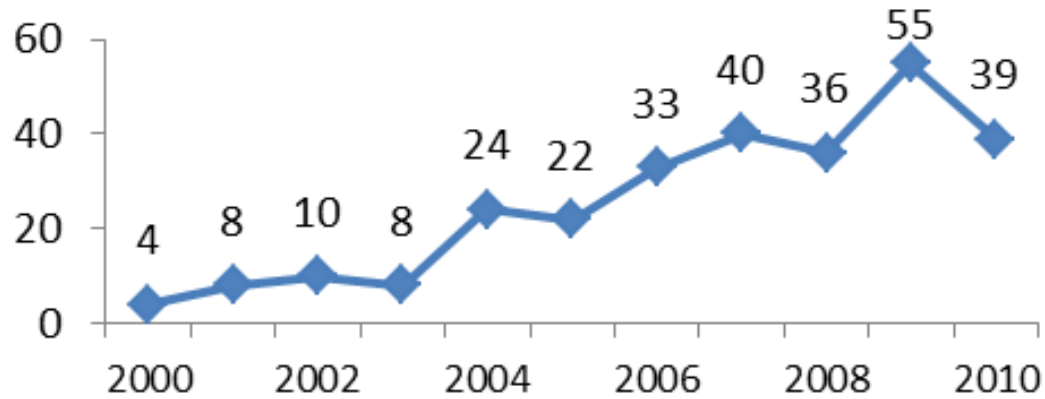
IDPH



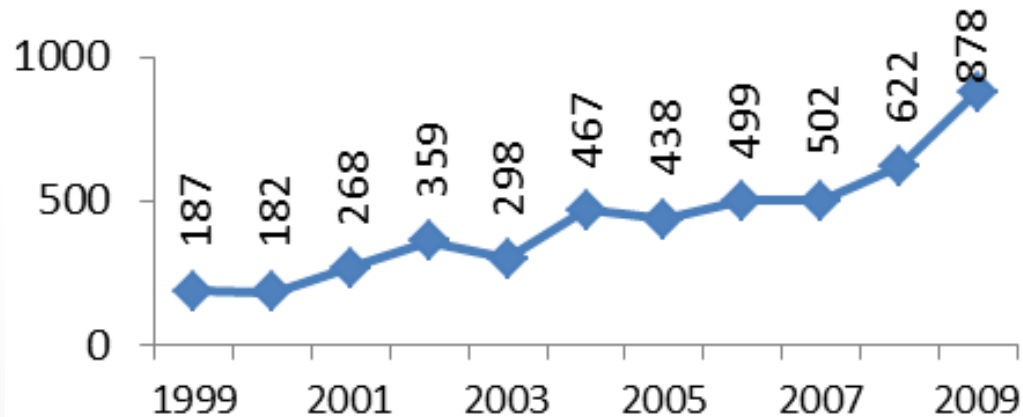
Iowa Rx OD Deaths

Opioid Pain Relievers

OD Deaths,
IDPH

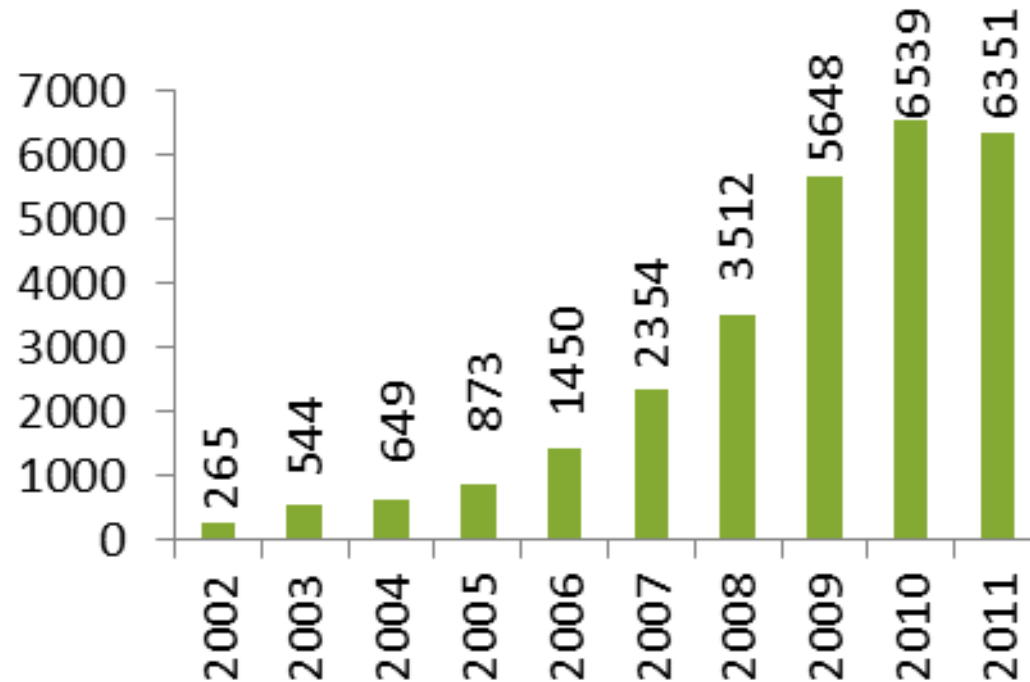


Treatment
Admissions,
TEDS



Calls to Poison Center

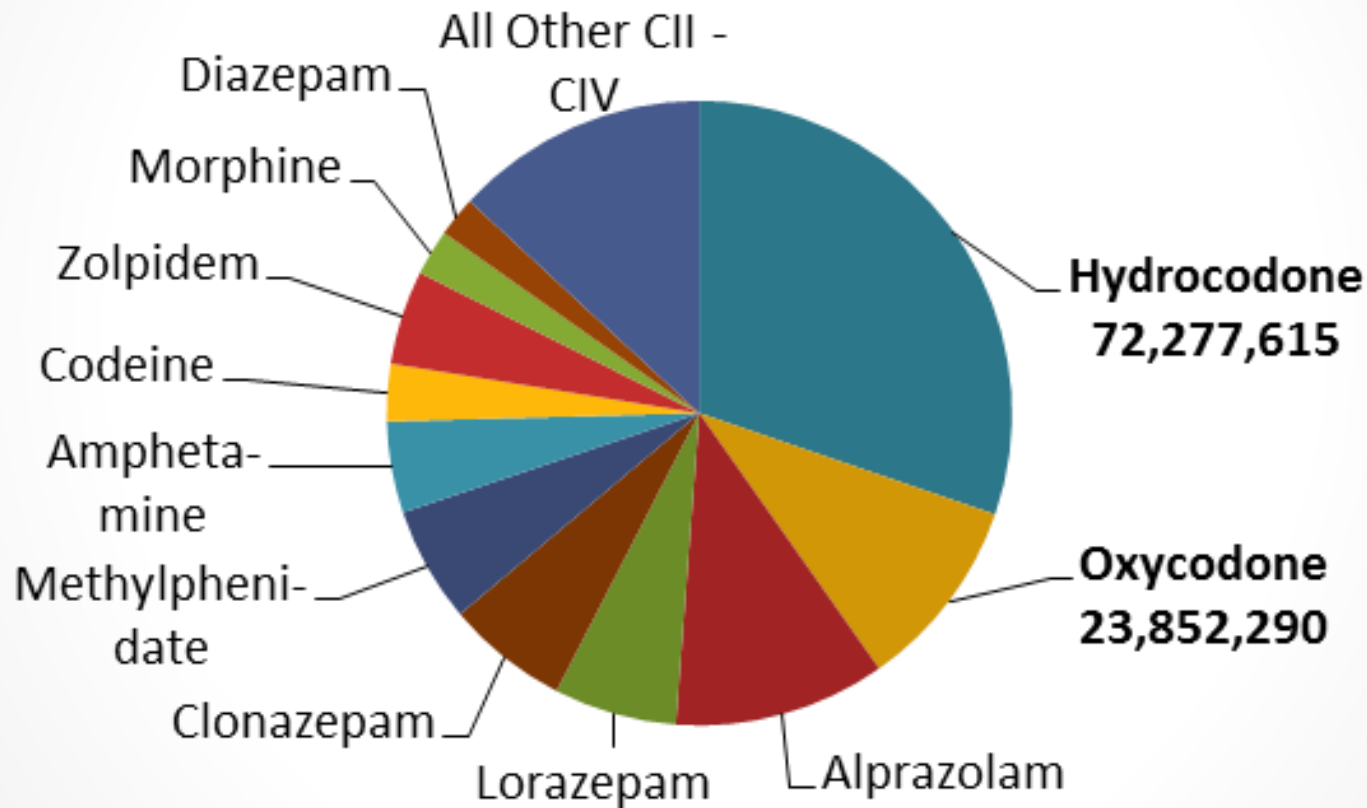
Public Help Requests about Hydrocodone and Oxycodone



Medicines account for 5 of top 10 substances in Iowa poisonings. Pain meds #1.

A Pill for Any Ill?

Doses of Controlled Rx Drugs to Iowans

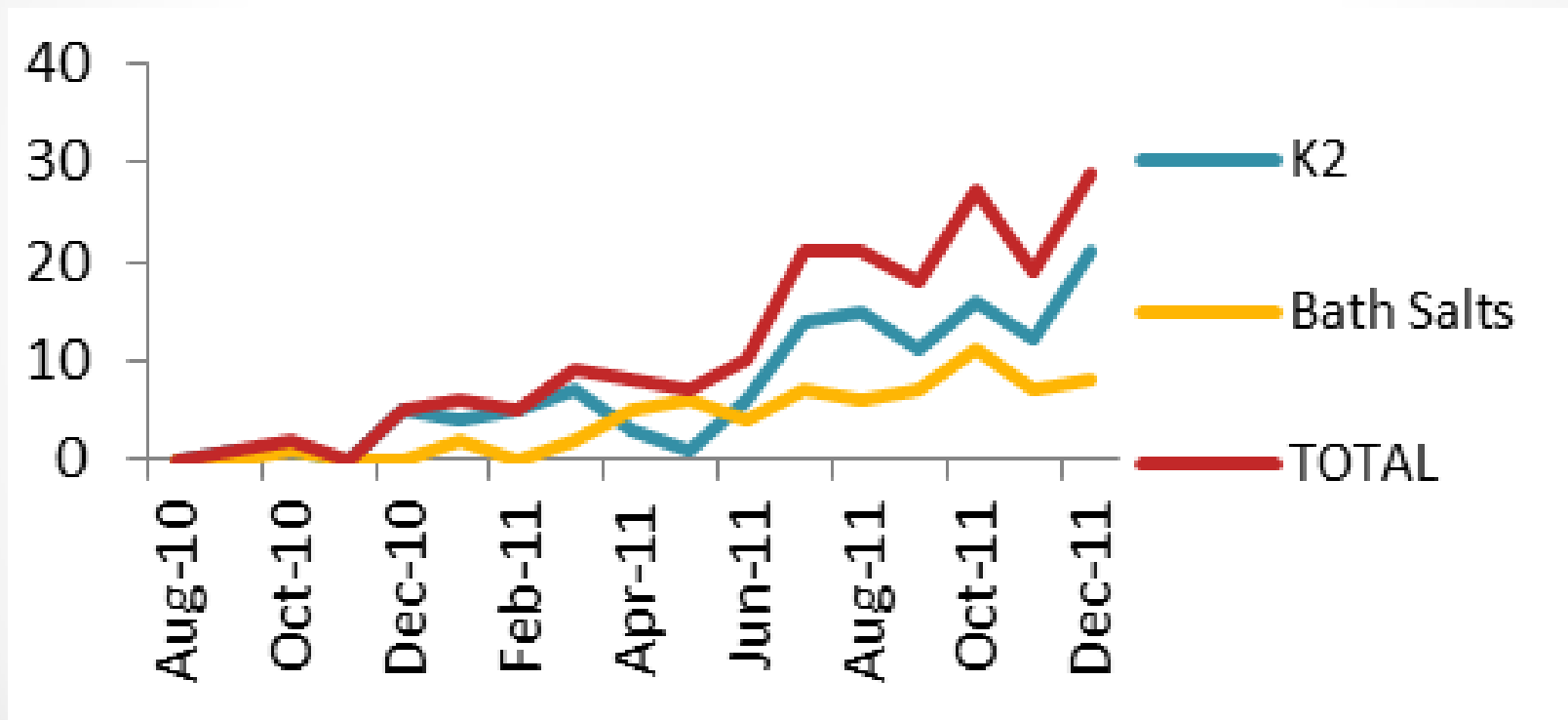






Iowans Exposed to Synthetics

Hospital Reports

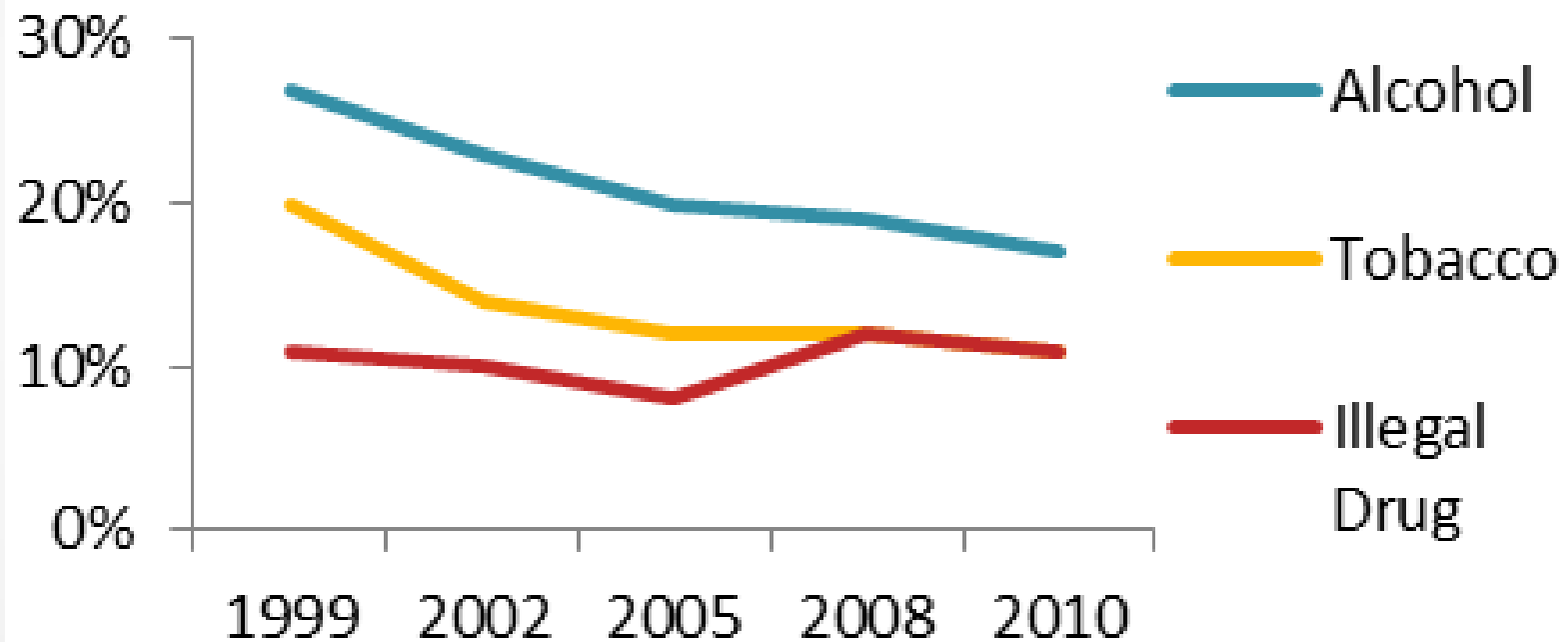


Synthetic Drugs in Iowa

- Synthetic Cannabinoids mimic marijuana (but with more severe hallucinogenic, and even violent, reactions). Synthetic Cathinones are similar to cocaine or meth.
- Two or three known teen suicides, and many more attempts.
- Growing number of teens hospitalized, a few in guarded condition.
- Use and adverse reactions exploding (one suburban community reports four 911 calls in a recent week, vs. one for all of last year).
- Many users are young, and may be getting younger (even 10-12).
- Substitute and relapse drugs of choice, due to easy access and perceived low risk...of getting caught (breaking law?).
- At least one reported manufacturing case.
- Paradox: How do you ban the next, as yet, unidentified version of a new synthetic drug? How do you test for it?
- Top priorities: (1) Curb retail sales; and (2) Educate to prevent use.

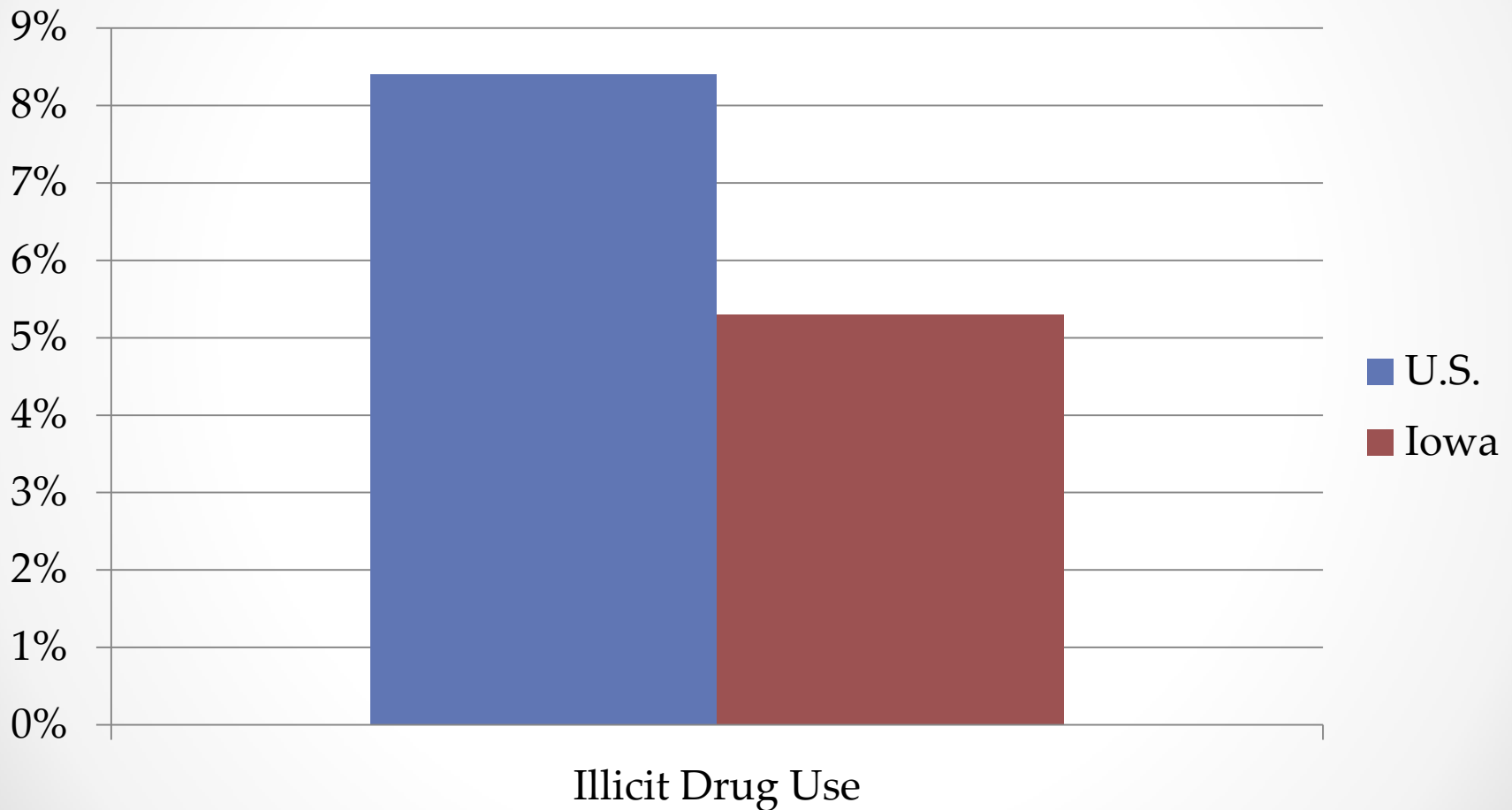
Iowa Youth Substance Abuse

6th, 8th and 10th Grade Users, Last 30-Days



Illicit Drug Use

12+ Users in U.S. vs. Iowa, Last 30-Days



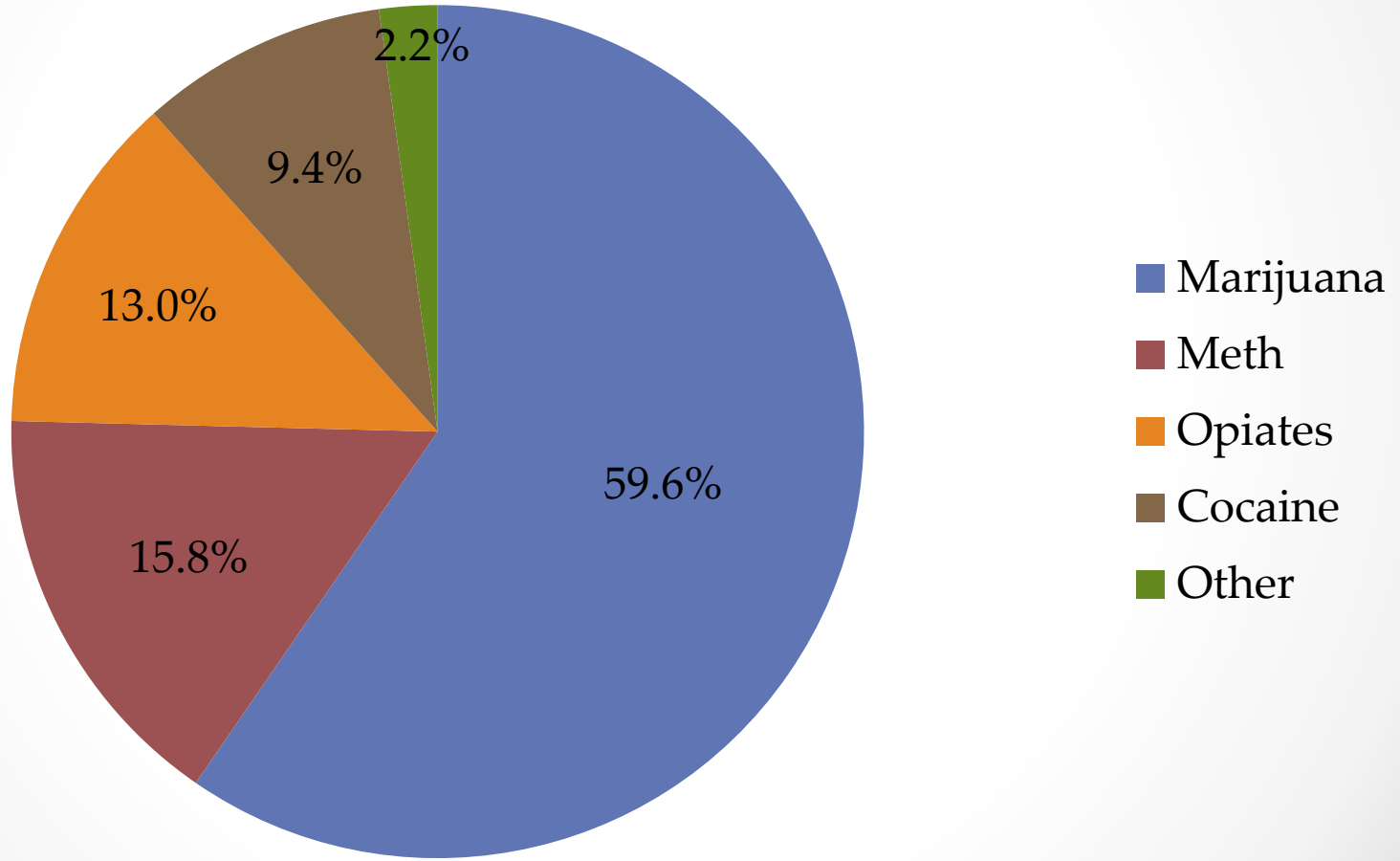
NSDUH, 2008/2009

In Iowa's Workplace

- Marijuana, by far, is the most common illicit substance detected in Iowa workplace drug tests.
- Methamphetamine was the second most common illicit drug showing up in Iowa workplace “positive” drug test results (15.8%).
- Prescription drug abuse difficult to detect (thresholds to differentiate between “use” and “abuse?”)
- Synthetic drug dilemma: Limited testing ability, and what's illegal?

In Iowa's Workplace

(Positive Drug Tests 2002-2008)



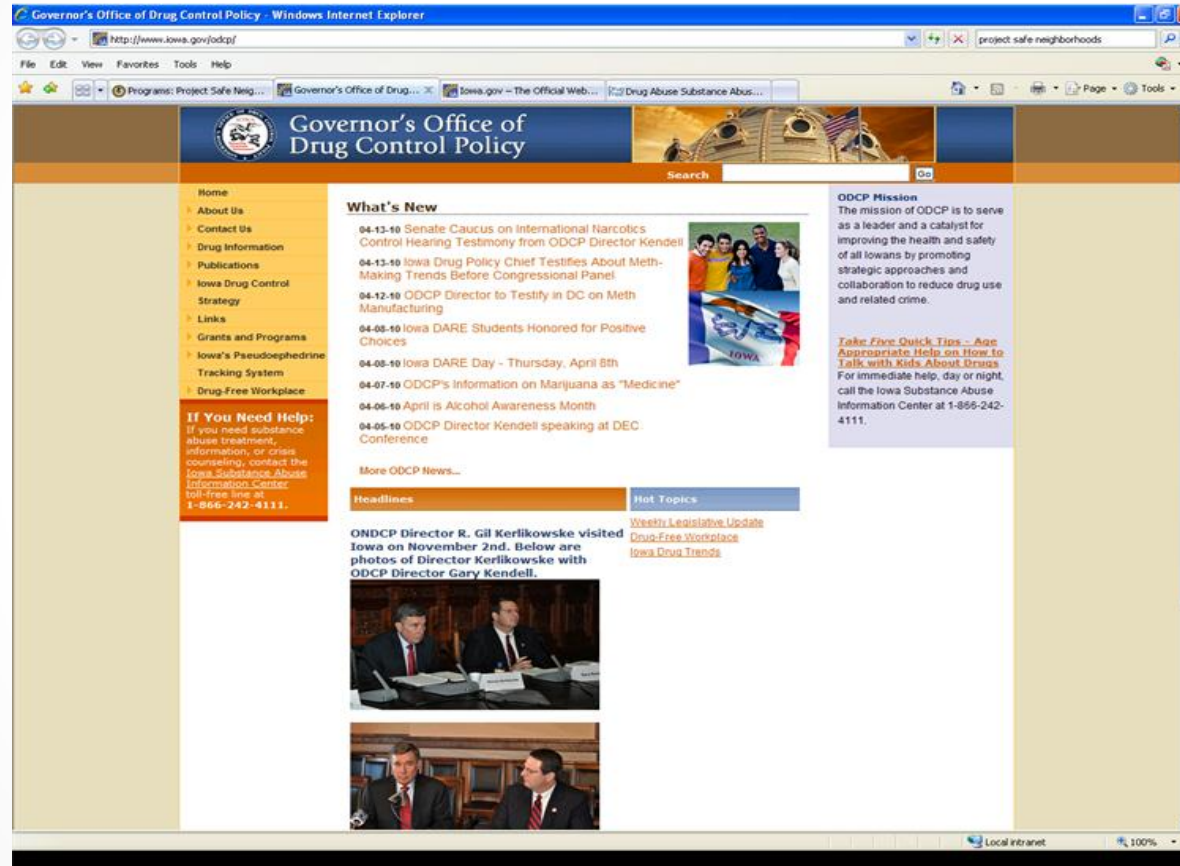
Changes in Drug Laws?

- Meth: Are new controls on precursors coming?
- Marijuana: Schedule I or Schedule II?
- Prescription drugs: What constitutes “abuse” or “drug-impaired” driving?
- Synthetic drugs: How many, how fast, and what’s the best way to deal with drug threats we cannot identify today?
- Reform of Drug Laws: Help or hammer?

Resources

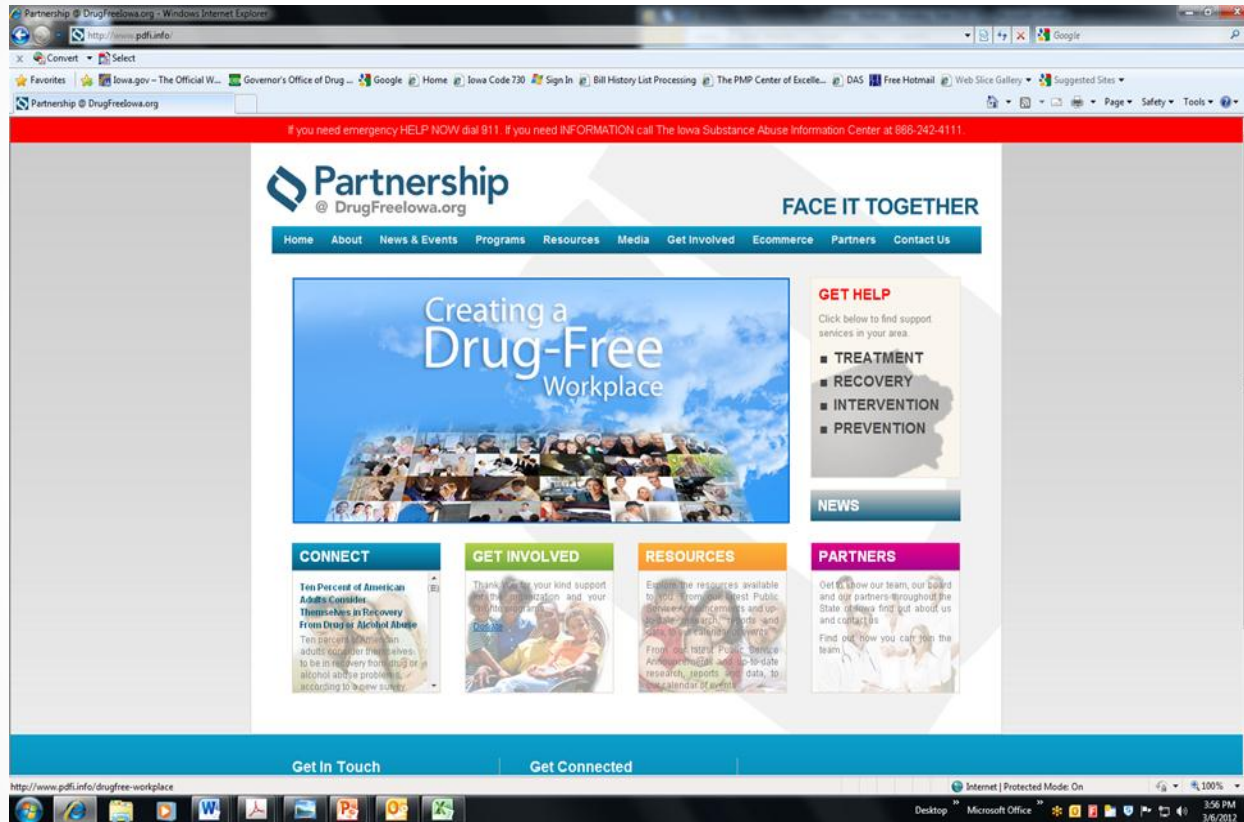
Office of Drug Control Policy

ODCP



Iowa.Gov/odcp 1-515-725-0300

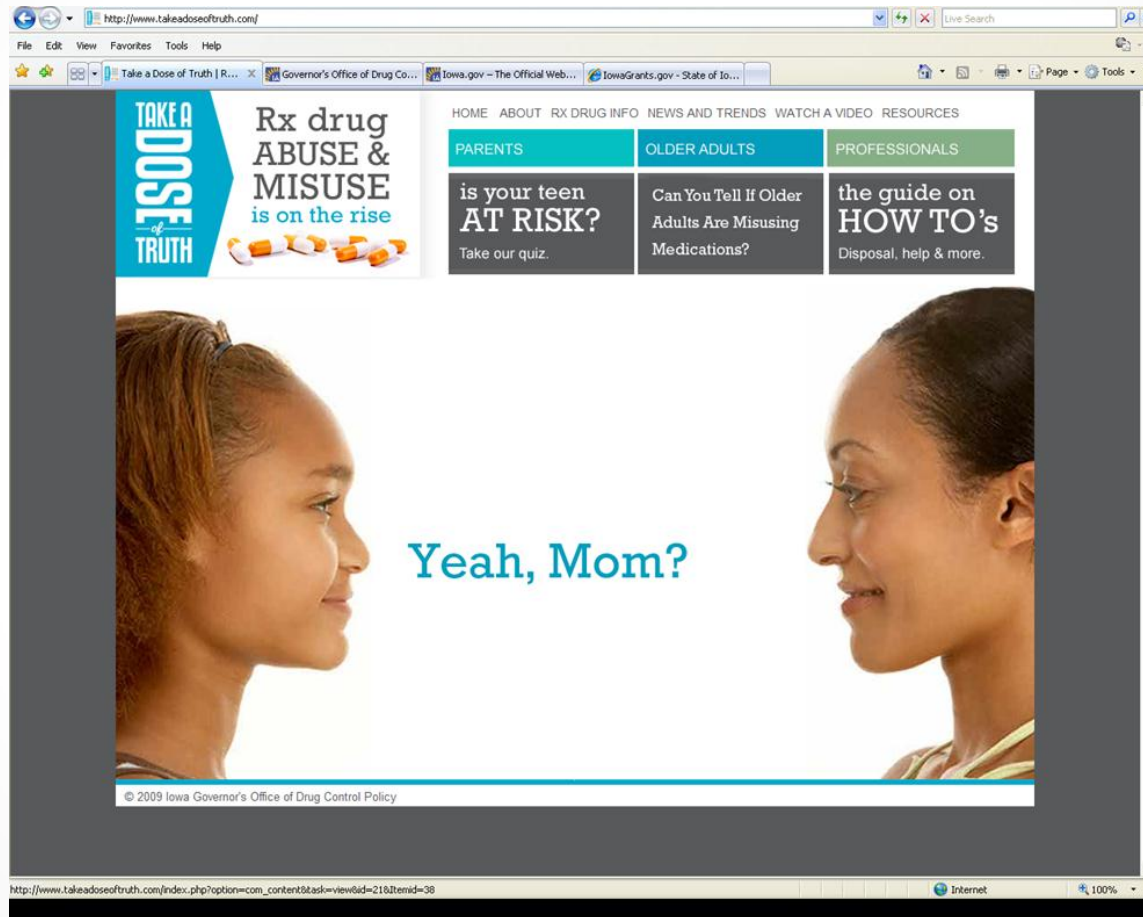
Partnership for a Drug-Free Iowa



[DrugFreeIowa.org](http://www.pdf.info/drug-free-workplace)

Rx Abuse

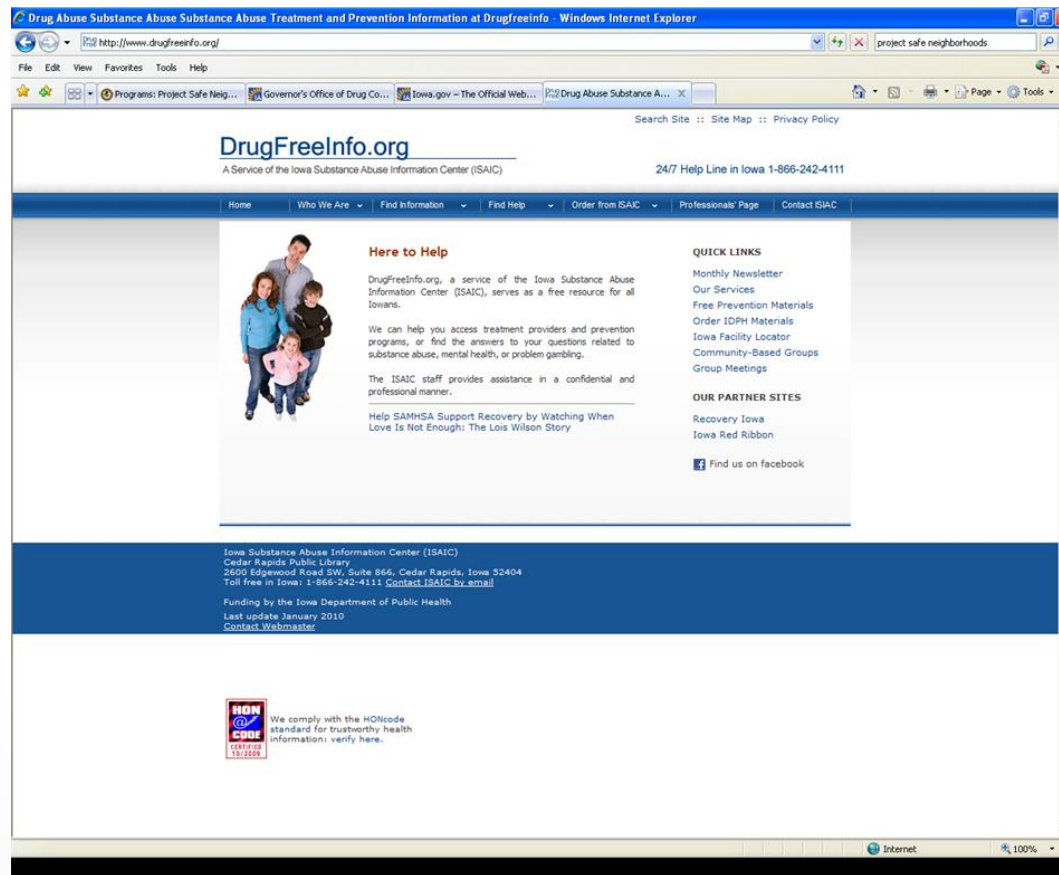
Prevention/Intervention



www.TakeADoseOfTruth.com

Iowa Substance Abuse Information Center

24/7 Help Line



DrugFreeInfo.org

1-866-242-4111

You can Make a Difference

- Get involved at the community level, with coalitions, civic groups and others. Become the conscience of the community.
- Be an active citizen. Report illegal and/or suspicious activity.
- Become a “key influencer” in the lives of young people. Care, engage, monitor, set boundaries, discipline, model, educate and intervene.
- Use “teachable moments” with children.
- Talk with youth about drugs. Listen, learn and set goals for healthy choices and positive behavior.

Most People Don't Know...

- Substance abuse treatment works!
- Substance abuse treatment doesn't always work the first time, or every time, but it does work much of the time to reduce relapse and recidivism...and reduce costs.
- “Coerced” substance abuse treatment can be just as effective as voluntary treatment.

Most People Don't Know...

- Talking with kids helps prevent substance abuse!
- Teenagers who learn about the dangers of drugs through ongoing dialogue at home are up to 50% less likely to ever use drugs.
- One of the most frequent reasons cited by drug-free teenagers for their decision to not use drugs is the fear of disappointing their parents.

Questions???

Thank You. Stay Safe!

Dale Woolery
515-725-0310
dale.woolery@iowa.gov